



Cleaning Guide for Exercise and Sensory Equipment

Mental Health units have spaces and equipment for consumers to use while they are staying with us.

All equipment in these spaces requires regular cleaning of each item following each use and whenever the equipment is visibly soiled.

Where possible equipment is metal and or vinyl to allow for easy and quick cleaning between uses, however some are made of materials which are porous and may require laundering.

Consumers should be encouraged to clean equipment following each use and the cleaning wipes should be available, where suitable, for them to do so. Where possible, leave a tub of wipe wipes available for use – if this is not possible, staff should give a reasonable amount of wipes to the consumer so that they can wipe the equipment for use before and after use of the equipment.

Item	Frequency of cleaning	Responsibility	Comments
Exercise bikes and equipment	Following each use unless used by one client only over a period of time.	All HCW	Wipe down with cleaning wipes.
Weighted blankets	Following each use unless used by one client only over a period of time.	All HCW	Hot machine wash with Laundry Powder and Laundry Sanitiser
Chairs/Lounge Suites	Cleaned as part of ward routine with spot cleans when visibly soiled.	All HCW	Wipe down with Clinell wipes
Massage Chair	Cleaned after every use – as per gym equipment.	All HCW	Wipe down with Clinell wipes
Toys for children	Clean every after use and in between patients- using a neutral detergent and air dry. Clean toys straight away when become contaminated with blood or body fluids. Remove from circulation till adequately cleaned/washed with warm water and detergent and dry. All toys should be checked and cleaned daily and stored in a clean storage space.	All HCW who is looking after the child or is using the therapeutic aid. NUM/MUM to delegate responsibility for the daily checks/clean.	No soft toys in clinical areas/communal areas in the hospital No water retaining toys or toys that are difficult to clean. If a toy cannot be cleaned they should be removed from the unit and or discarded.