



Community Engagement Education Package

MHCC NSW 2018/2020 NSW NDIS Information, Linkages and Capacity-building (ILC) Project

Community Engagement Education Package (CEEP) Project: Supporting community connection for people with mental health conditions outside of a funded NDIS package

Co-Design Working Group Stage 2 - Get Involved

Project Overview

The National Disability Insurance Agency (NDIA) has funded the Mental Health Coordinating Council (MHCC) to co-design a Community Education Engagement Package (CEEP) to assist community workers, volunteers and peers to better support people living with a psychosocial disability or mental health condition. These are people who are ineligible for, or do not want to have, an funded National Disability Insurance Scheme (NDIS) plan. The strong community focus of the project is that “people with disability participate in and benefit from the same community activities as everyone else”.

How Can I get Involved?

We invite people with lived experience along with their supporters - both paid and family/friends - to contribute to stage two of a four stage co-design process. We have a Co-Design Working Group in each of the two sites where the CEEP will be trialled, Western NSW/Dubbo and Central South East Sydney.

We want to engage 8 - 10 people for each group. MHCC will provide participants not attending as part of a paid work activity with a \$50 Coles/Myer group gift voucher.

What the day will look like?

Each session will run for four hours and MHCC will provide lunch.

The focus of the first Co-Design Working Group was exploring the following question:

“What are the challenges and needs of people with mental health conditions when connecting with community and mainstream services?”

Stage 2 will involve developing the framework of the education package, using the feedback from Stage 1, along with input from participants of Stage 2, the outline of the six education modules will be decided.

Didn't attend Stage 1? Not a problem, we invite and welcome new participants.

There are no right or wrong answers, it is a chance to share your voice in a fun, friendly, safe and welcoming environment.

MHCC will hold the second co-design group in:

- **Dubbo:** Friday 3rd May 2019, 10.30am – 3.00pm
Dubbo Neighbourhood Centre,
1/ 80 Gipps Street, Dubbo
- **Sydney:** Wednesday 8th May 2019, 10.30am – 3.00pm
Redfern Community Centre,
29-53 Hugo Street, Redfern