

#### **MHCC Members**

The Mental Health Coordinating Council is the peak body for community managed organisations working for mental health in NSW. Our members support people to live well in the community through access to a range of health and social services including psychological counselling, housing and tenancy support, employment and education opportunities, social inclusion and connection and physical health care.

#### **Underlying Principles**

- Good mental health is about the whole person, their social, psychological, physical, emotional, spiritual, cultural and economic needs
- The lived experience of people with mental health conditions must guide the design, management and delivery of services
- People need access to a range of supports and services to enhance their ability to live a meaningful life
- A collaborative cross sector approach to service co-design and workforce development is required
- A trauma-informed recovery-oriented practice approach must underpin all aspects of service governance and delivery

#### **Accreditation Status**

MHCC is currently accredited under the Australian Council on Healthcare Standards and is a Registered Training Organisation under the Australian Skills Quality Authority.

www.mhcc.org.au

Ground Floor, Building 125, Corner Church and Glover Sts, Lilyfield 2040 PO Box 668 Rozelle NSW 2039 02 9555 8388 | info@mhcc.org.au



#### 2019-21 MHCC STRATEGIC PLAN

The Mental Health Coordinating Council is the peak body for community managed organisations working for mental health in NSW.

# VISION

People living with mental health conditions are supported to live meaningful lives in the communities of their choice.

## **PURPOSE**

Empowering community managed mental health in NSW through leadership, advocacy and support.

#### **Objectives**

- Provide a strong voice for the community managed mental health sector to represent its needs and aspirations
- Increase community delivered integrated services for people with a lived experience and their families and carers by promoting evidence-based policy reforms
- Safeguard the human rights of people living with mental health conditions through strong advocacy
- Build and sustain relationships with key stakeholders
- Support seamless service delivery by influencing policy and practice reform and working with organisations across the human services sector
- Provide credible advice, informed by member organisations, to Government and its agencies through submissions and policy responses

#### **Objectives**

- Increase MHCC financial membership by 20% through a membership drive
- Diversify revenue sources to ensure MHCC is a sustainable organisation
- Identify emerging training opportunities to improve learning and development sustainability
- Deliver the strategic plan through the development of an operational plan
- Ensure staff are effective and their wellbeing is maintained through a safe workplace with a positive culture
- Increase MHCC public profile to represent the needs and interests of the sector
- Provide leadership through an active board with effective governance processes that are regularly reviewed
- Maintain accreditation status

### 2019-21 MHCC STRATEGIC PLAN

#### Priority Area 1 - Policy Leadership, Influence and Reform

To engage with government, service delivery and advocacy organisations to ensure people with lived experience have well resourced, effective and accessible services optimally co-designed with service users, their carers and families.

### Priority Area 3 - MHCC Sustainability & Effectiveness

To provide a responsive and effective peak body which is financially sustainable, well governed and managed with skilled and supported staff.

#### Priority Area 2 -Sector Development

To support the community managed mental health sector adapt to the dynamic mental health reform environment and make the most of emerging opportunities through advocacy, capacity building and promoting evidence based best practice approaches.

#### **Objectives**

- Advocate to support the sector to successfully adapt to the changing NDIS environment, including pricing, access and workforce development
- Build sector capacity by delivering training and professional development
- Collaborate with members and other peaks to develop effective responses to new models of service delivery and funding opportunities
- Support the development of the lived experience workforce
- Encourage a culture of research in CMOs including engagement with lived experience researchers
- Promote continuous quality improvement in services through targeted resources and efficient data collection (including resources in codesign and co-evaluation)

