



MHCC members support people with mental health conditions

to live well in the community through access to a range of health and social services, including: psychological counselling, housing and tenancy support, employment and education opportunities, social inclusion and connection, and physical health care.

Underlying Principles

- Good mental health is about the whole person; their social, psychological, physical, emotional, spiritual, cultural and economic needs
- The lived experience of people with mental health conditions must guide the design, management and delivery of services
- People need access to a range of supports and services to enhance their ability to live a meaningful life
- A collaborative cross sector approach to service co-design and workforce development is required
- A trauma-informed recovery-oriented practice approach must underpin all aspects of service governance and delivery

Accreditation status

MHCC is currently accredited under the Australian Council on Healthcare Standards and is a Registered Training Organisation under the Australian Skills Quality Authority.

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VISION

That people experiencing mental health conditions are supported to live meaningful lives in the communities of their choice.

PURPOSE

To lead and support a strong, dynamic and sustainable community-managed mental health sector that provides effective health, psychosocial and wellbeing services and programs to the people of NSW.

2017/18 MHCC STRATEGIC PLAN

The Mental Health Coordinating Council is the peak body for community-managed organisations working for mental health in New South Wales.

Key Priority Areas for 2017/18

This one year strategic plan has been developed to enable MHCC to navigate the rapidly changing mental health reform and service landscape. The MHCC Board has determined that the current environment is such that a flexible and frequently reviewed approach to strategic planning will better serve the organisation and its membership.

Respond flexibly to policy reform

- Advocate strategies in key state and national policy reforms that increase access to integrated community delivered service options for people with lived experience and their families and carers
- Contribute to Community Mental Health Australia (CMHA) policy submissions to strengthen understanding of state based implications of national policy directions.
- Influence legislative reform that improves the Human Rights of people with Mental Health Conditions

Foster strategic relationships

- Support Community Mental Health Australia to advocate national issues
- Engage with the national and state Mental Health Commissions
- Maintain regular contact with Mental Health Branch NSW Health and relevant Ministers

Contribute to the development of planning and resourcing frameworks

- Advocate Ministry of Health(MoH) commitment to development of a NSW community sector mental health framework
- Contribute to understanding of planning and resourcing issues arising through health and disability strategic directions including establishment of PHNs and the NDIS and advocate for the sector as appropriate.

Commitment to a skilled Workforce

- Enhance sector learning and development particularly with NDIS readiness
- Support ongoing development of the Peer Workforce
- Identify and develop emerging skill sets
- Explore professional body and certification processes

Improve service effectiveness and quality

- Support organisations to prepare for and deliver services under the NDIS and other new funding models.

Policy leadership, influence & reform

MHCC actively engages with state and national level government as well as key service delivery and advocacy organisations to ensure people with lived experience have access to well-resourced, effective and accessible services optimally co-designed with service users.

Research & development

Gathering and analysing data to form a strong evidence base for the effective work of the community-managed mental health organisations is critical to the ongoing development of the sector including delivery of quality practice and service design.

Facilitating an evidence-based practice research and evaluation direction for the sector

- Promote a culture of research and evaluation in CMOs
- Promote consumer led research activities
- Educate and inform on research methodologies
- Promote engagement with research academics
- Identify funds to enable a research and development base for the sector.

Sector development

MHCC supports the community-managed mental health sector to adapt to the changing and dynamic NDIS implementation and mental health reform environment. MHCC works to build the capacity of the sector to make the most of emerging opportunities through sound governance, management and effective mental health practices.

MHCC sustainability & effectiveness

MHCC's capacity to deliver on its commitments as a responsive and effective peak organisation is achieved through ensuring it is a strong and sustainable organisation with sound governance, management and human resource practices as well as through skilled and well supported staff.

Review systems for MHCC governance, management and operations

- Review and strengthen governance structures
- Improving MHCC quality improvement processes
 - Maintain accreditation status
- Consolidating the business viability of MHCC Learning & Development (LD)
 - Maintain RTO Registration status
 - Ensure LD Business and Marketing Plans support sector needs