

Summary of NDIA Support Categories

As a registered NDIA provider, organisations are asked to nominate the types of support services that they provide and a summary of these is below. The categories most likely to be of relevance to community sector organisations providing psychosocial disability and recovery support services are in bold. Each support type has a set unit price costing (ie, per hour of support provided) and these vary between states. The unit price costings are currently being reviewed.

Personal supports and training

- 1. Accommodation/ tenancy assistance**
- 2. Assistance in coordinating or managing life stages, transitions and supports**
- 3. Assistance to access and maintain employment**
- 4. Assistance to integrate into school or other educational program**
- 5. Assistance with daily life tasks in a group or shared living arrangement**
- 6. Assistance with daily personal activities**
- 7. Assistance with travel / transport arrangements**
8. Community nursing care for high care needs
- 9. Development of daily living and life skills**
10. Interpreting and translation
11. Early intervention supports for early childhood
- 12. Management of funding for supports under a participant's plan**
- 13. Household Tasks**
- 14. Participation in community, social and civic activities**
- 15. Physical wellbeing activities**
- 16. Specialised assessment of skills, abilities and needs**
17. Therapeutic supports
- 18. Training for independence in travel and transport**
- 19. Behaviour support**

There is also a substantial list of 'Assistive products and equipment' supports.

Overview of NDIA Care Plans

Goals and other key issues assessed in this two or more session care planning process are also translated into a shorter 'My DisabilityCare Plan' version for the participant.

NDIA Support Planner identifies care plan content in consultation with the participant. As a general rule this excludes the participant's current provider if they are also a registered provider. A sample NDIA assessment and care plan is also provided as Appendix X.

Goals (up to 8 areas can be considered)

- Choice and control
- Economic participation
- Independence
- Health and wellbeing
- Education
- Personal relationships
- Living arrangements
- Social participation

Frequency of Need for Supports (6 domains and 6 point rating scale that contributes to determining funding amounts)

- Mobility
- General Tasks
- Self Care
- Learning
- Communication
- Interpersonal Interactions and Relationships

- A. Never
- B. Less than weekly
- C. Weekly (but less than daily)
- D. 1-2 times a day
- E. 3-5 times a day
- F. More than 6 times a day

Support Categories (10 categories that are used to explore current supports)

- Communication
- Community & social life
- Domestic life
- Education
- Employment
- General tasks/demands
- Interpersonal relationships
- Learning/knowledge
- Mobility
- Self-care

Participant Context (18 questions to explore the person's current situation and preferences with designated response categories)

- The things that are most important to me are?
- The things in my life that are really working for me are?
- Things that I like are?
- The things I would most like to change are?
- The things I would really like to try are?
- Who do you usually live with?
- What are your current living arrangements?
- Do you have primary or (shared equal) caring responsibility for children?
- What is the main form of transport you use to get around outside the home?
- What social activities do you participate in the home or familiar places with family and friends?
- On average, how often do you participate in social activities with family or friends?
- What community activities do you participate in?
- On average, how often do you participate in Community activities?
- What is your current employment status (main activity)?
- If working, are you working full-time or part-time employment?
- Are you currently undertaking any form of study?
- What level of study are you currently doing?
- If studying, are you studying full-time or part-time?

Outcomes – How Satisfied? (9 items)

- Overall how satisfied are you with your level of community involvement?
- Overall, how satisfied are you with the study you have completed?
- Overall how satisfied are you with your working arrangements?
- Overall how satisfied are you with your health and wellbeing?
- Overall, how satisfied are you with your living arrangements?
- Overall, how satisfied are you with your personal relationships?
- Overall, how satisfied are you that you can make choices about and have control over your life?
- Overall thinking about your life in general, how satisfied are you with what you are achieving in life?
- Overall, how confident are you that your future needs will be met?

Plan Objectives (up to eight areas can be considered)

- Choice and Control
- Economic participation
- Independence
- Health and wellbeing
- Education
- Personal relationships
- Living arrangements
- Social participation

Funded Supports

All the above are then translated to a funded support package (ie, support service type, hours a week, frequency/days per week etc.). This is also translated to a weekly support plan including time of day that various events are planned to occur.

Partners in Recovery Assessment and Care Planning

Partners in Recovery (PIR) has mandated use of the Camberwell Assessment of Need Short Appraisal Schedule (CANSAS). CANSAS provides a snapshot of a client's needs in the previous one month across 22 domains as listed below. A further three PIR additional need domains have been added to the assessment and care planning process as indicated below.

1. Accommodation
2. Food
3. Looking after the home
4. Self-care
5. Daytime activities
6. Physical health
7. Psychotic symptoms
8. Information on condition and treatment
9. Psychological distress
10. Safety to self
11. Safety to others
12. Alcohol
13. Drugs
14. Company
15. Intimate relationships
16. Sexual expression
17. Child care
18. Basic education
19. Telephone
20. Transport
21. Money
22. Benefits

PIR Additional Need Domains (non-mandatory)

23. Employment and volunteering
24. Cultural and spiritual
25. Other services

After considering all of the above, the PIR Action Plan (non-mandatory) then gives each person the option for a:

- My Health and Wellbeing Plan (this taps into themes of 'hopes and dreams' content)
- Wellness Plan (to revisit what has been achieved so far)
- Your Crisis Action/Relapse Plan (advanced directive for when unwell)
- Emergency Arrangements
- Family/Supporter/s Plan
- Children's Safety Plan
- Other Commitments Plan
- Consent to sharing of PIR Action Plan information
- Agreement of services and supports to be provided.

There is also a mandatory Consent Form including a 'Your Information, It's Private' information sheet.