

Mental Health Coordinating Council

NGO Mental Health Training Opportunities Calendar



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July – December 2008

An MHCC Workforce Development Initiative

The NGO Mental Health Training Opportunities Calendar provides information about training relevant to staff and volunteers from non government organisations working with people who have mental health problems.

A more extensive listing of courses can be obtained by visiting the MHCC Training database on www.mhcc.org.au (located in the Learning Development and Training section).

Note: This is not an exhaustive list of training providers or courses. MHCC can not endorse the quality or training content of the training listed.

HOW TO USE THIS CALENDAR

- 1 Select a course from the list below
- 2 Match the course provider with their corresponding contact details in the Training Providers column on the left
- 3 Contact the training provider for further details and enrolment

MHCC's Learning and Development Unit

can offer you practical opportunities for accredited mental health training, not listed on this calendar.

COURSES INCLUDE:

- Mental Health and Substance Abuse
- Brief Interventions
- Self Harm and Suicide

All these units contribute to completion of the Certificate IV in Mental Health Work (Non-clinical).

To view details of these recovery orientated courses, visit the MHCC website on www.mhcc.org.au or phone 02 9558388

Training Providers

Listed below are a range of training providers offering training for the NGO Mental Health Sector. Each offers a large selection of relevant courses available nationally. As there is not room to list all providers or courses, a selection is included in this calendar. However, we recommend you follow the web links or phone these providers to find the most relevant training and best location for you.

Major Training Providers

Allwood & Associates
Tel: (02) 8399 0358
www.allwoodassociates.com.au

Centre for Community Welfare Training (CCWT)
Tel: (02) 9281 8822
www.acwa.asn.au

Centre For Rural & Remote Mental Health
Tel: (02) 6360 7828
www.crrmh.com.au

DoCS NGO Training Program
Tel: (02) 9209 6456
www.community.nsw.gov.au/html/comm_partners/training_calendar.htm

Education Centre Against Violence (ECAV)
Tel: (02) 9840 3737
www1.health.nsw.gov.au/ecav/index.asp

TAFE NSW
TAFE NSW Information Centre
Tel: 131 601
www.tafensw.edu.au

Universities

Charles Sturt University
Tel: (02) 6933 4334
www.csu.edu.au

Flinders University (Distance Ed)
Tel: (08) 8201 3911
www.flinders.edu.au

Griffith University (Distance Ed)
Tel: 1800 677 728, 1800 303 603
www.griffith.edu.au

James Cook University (Distance Ed)
Tel: 1800 246 446
www.jcu.edu.au

Macquarie University
Department of Psychology, Social Health & Applied Psychology Programs
Tel: (02) 9850 8050
www.psy.mq.edu.au

Monash University (Distance Ed)
Tel: (03) 9902 6000
www.monash.edu.au

University of Melbourne (Distance Ed)
Tel: (03) 8344 4000
www.psychiatry.unimelb.edu.au,
www.unimelb.edu.au

University of Melbourne & ORYGEN Youth Health
Tel: (03) 9342 2800
www.orygen.org.au

University of NSW
Tel: (02) 9385 1000
www.unsw.edu.au

University of Queensland
Tel: (07) 3365 1111
www.uq.edu.au

University of Sydney
Tel: (02) 9351 2222
www.usyd.edu.au

University of Sydney – Continuing Education
Tel: (02) 9036 4789
www.cce.usyd.edu.au

University of Sydney, Faculty of Education and Social Work
Tel: (02) 9351 4799
www.edsw.usyd.edu.au or www.prolearn.edsw.usyd.edu.au

University of Technology Sydney, Faculty of Nursing Midwifery & Health
Tel: (02) 9514 4911
www.uts.edu.au

University of Wollongong
Tel: (02) 4221 3555
www.uow.edu.au

Other Training Providers

Aboriginal Health & Medical Research Council of NSW (AH&MRC)
Tel: (02) 9212 4777
www.ahmrc.org.au/index.htm

Aged and Community Services Association of NSW & ACT
Tel: (02) 8754 0400
www.agedservices.asn.au

Albion Street Centre
Tel: (02) 9332 9600
www.seahs.nsw.gov.au/albioncentre

Anti-Discrimination Board of NSW
Tel: (02) 9268 5555
www.lawlink.nsw.gov.au

ARAFMI NSW (Inc)
Tel: (02) 9332 0700, 1800 655 198
www.arafmi.org

ATSI Mental Health First Aid
Tel: (03) 9342 3770
www.mhfa.com.au

AUSMED
Tel: (03) 9375 7311
www.ausmed.com.au

Australian College of Applied Psychology
Tel: 1800 061 199, (02) 9219 2307
www.acap.edu.au

Australian Drug Foundation
Tel: (03) 9278 8100
www.adf.org.au

Australian Federation of Homelessness Organisations
Tel: (02) 6247 7744
www.afho.org.au

Australian Health Promotion Association
Tel: (07) 5430 2873
www.healthprom.otion.org.au

Australian Institute of Relationship Studies – Relationships Australia
Tel: 1300 364 277
www.relationships.com.au/courses

Bereavement Care Centre
Tel: (02) 9804 6909
www.bereavementcare.com.au

Black Dog Institute
Tel: (02) 9382 4518
www.blackdoginstitute.org.au

Carer Assist – Support for Mental Health Carers
Tel: (02) 9816 5652
www.sfnsw.org.au/carers/csu.htm

Carers NSW
Tel: (02) 9280 4744
www.carersnsw.asn.au

College of Nursing
Tel: (02) 9745 7500, 1800 265 343
www.nursing.aust.edu.au

Compeer Friendship Program
Tel: (02) 9560 8666
www.vinnies.org.au

Consumers' Health Forum of Australia
Tel: (02) 6273 5444
www.chf.org.au

CPM Services:
Tel: 1800 100 292
www.cpm-services.org

Crisis Prevention Institute World Group
Tel: 1800 553 247
www.crisisprevention.com

Drug and Alcohol Multicultural Education Centre (DAMEC)
Tel: (02) 9689 3552
www.damec.org.au

Employers First
Tel: (02) 9264 2000
www.ef.org.au/training

Endeavour Industries Community Services Professional Development Training – Cessnock area
Tel: (02) 4990 2600

Family Action Centre, University of Newcastle
Tel: (02) 4921 6558
www.newcastle.edu.au/centre/fac

Family Drug Support
Tel: (02) 9798 0001
www.fds.org.au

Family Planning NSW – Education & Training Unit
Tel: (02) 8752 4300
www.fphealth.org.au

Family Worker Training and Development Programme Inc.
Tel: (02) 9620 6172
www.fwtvp.org.au

Fundraising Institute Australia
Tel: (02) 9411 6644
www.fia.org.au

Garvan Institute of Medical Research
Tel: (02) 9295 8100
www.garvan.org.au

Gloucester Mind Matters Committee
Tel: (02) 6558 1477

Hunter Institute of Mental Health
Tel: (02) 4924 6721
www.himh.org.au

Illawarra Institute for Mental Health
Tel: (02) 4221 4207
www.uow.edu.au/health/iimh

Institute of Group Leaders
Tel: 0425 285 163
www.igl.org.au

Interchange Respite Care (NSW)
Tel: (02) 9789 1348
www.interchangensw.com.au

Keepwell Ltd
Fax: (03) 9600 2199
www.keepwell.com.au

Learning Links
Tel: (02) 9534 1710
www.learninglinks.org.au

Lifeline
Tel: 1800 880 681
www.lifeline.org.au

Lifeline Harbour to Hawkesbury
Tel: (02) 9498 8805
www.lifeline-h2h.org.au

LivingWorks
Tel: (03) 9894 1833
www.livingworks.org.au

Mental Health Co-Ordinating Council NSW
Tel: (02) 9555 8388
www.mhcc.org.au

Mental Illness Education Australia MIE-A (NSW)
Tel: (02) 9879 7602
www.miea.org.au/nsw

Multicultural Disability Advocacy Association (MDAA)
Tel: (02) 9891 6400
www.mdaa.org.au

Northside Community Forum Inc
Tel: (02) 9415 4855
www.nstforum.org.au

NSW & NZ College of Mental Health Nurses
Tel: (02) 4924 6523
www.anzcmhn.org/nsw

NSW Commission for Children and Young People
Tel: (02) 9286 7276
www.kids.nsw.gov.au

NSW Consumer Advisory Group – Mental Health
Tel: (02) 9332 0200
www.nswcag.org.au

NSW Institute of Psychiatry
Tel: (02) 9840 3833
www.nswiop.nsw.edu.au

NSW Ombudsman
Tel: (02) 9286 1000
www.ombo.nsw.gov.au

NSW Rape Crisis Centre
Tel: (02) 9819 7357
www.nswrapecrisis.com.au

Office of Industrial Relations
Tel: 131 628, (02) 9020 4612
www.industrialrelations.nsw.gov.au

Pathways Australia
Tel: (03) 8530 6444
www.pathwaysaustralia.com.au

PIAC (Public Interest Advocacy Centre)
Tel: (02) 8898 6500
www.piac.asn.au

Psychodrama NSW
Tel: 0412 357 277, (02) 9555 8424
www.anzpsydney.org/courses.html

Reconnect Mental Health
Tel: (02) 9542 5699
<http://www.reconnect.salvos.org.au/>

Schizophrenia Fellowship of NSW
Tel: (02) 9879 2600
www.sfnsw.org.au

School of Volunteer Management
Tel: (02) 9261 3600
www.svm.net.au

Service for the Treatment and Rehabilitation of Torture and Trauma Survivors (STARTTS)
Tel: (02) 9794 1900
www.startts.org

Social Change Media
Tel: 1300 720 349
media.socialchange.net.au

Suicide Prevention Australia
Tel: (02) 9568 3111
www.suicidepreventionaust.org

Taree Community Health
Tel: (02) 6592 9315

Ted Noffs Foundation
Tel: (02) 9310 0133
www.noffs.org.au

The Global Health Institute
Tel: (02) 8838 6269

TheMHS
Tel: (02) 9810 8700.
www.themhs.org

Transcultural Mental Health Centre - Diversity Health Institute
Tel: (02) 9840 3800
www.dhi.gov.au/tmhc

Traumatic Incident Reduction Association
Tel: (02) 4684 3541
www.tir.org

UnitingCare Burnside
Tel: (02) 9843 6200
www.burnside.org.au

UnitingCare Unifam
Tel: (02) 8630 0777
www.counselling-courses.com.au

Vision in Mind
Tel: 0438 472 254
www.visioninmind.com.au

Western Sydney Community Forum
Tel: (02) 9687 9669
www.wscf.org.au

Workplace Research Centre
Tel: (02) 9351 5717
www.wrc.org.au

Youth Action & Policy Association NSW
Tel: (02) 9319 1100 or 1800 627 323
www.yapa.org.au/yapa/events

1. Long Courses

Allwood & Associates
Certificate IV in Business (Frontline Management)
Certificate IV in Project Management
Certificate IV in Training & Assessment

Australian College of Applied Psychology
Graduate Certificate / Diploma in Counselling
Associate Degree / Master of Applied Social Science

Australian Institute of Relationship Studies
Diploma of Counselling and Group Work

Bereavement Care Centre
Bereavement Support Workers Course - Working with Bereaved Children

Community Programs Incorporated
Certificate IV in Community Services Work

Lifeline
Certificate IV in Telephone Counselling Skills

Monash University
Graduate Diploma in Mental Health Sciences - Community Mental Health
Graduate Diploma in Psychology
Master of Social Work

New Skills Inc.
Certificate IV in Community Services

NSW Institute of Psychiatry
Master of Counselling (Clinical Stream)
Graduate Diploma of Family Therapy
Graduate Certificate / Diploma / Master in Mental Health

School of Volunteer Management
Certificate II & III Customer Contact
Certificate II / Diploma in Business
Certificate III / Diploma in Fundraising
Certificate I Active Volunteering

TAFE NSW
Certificate IV in Community Services (Service Co-ordination)

University of Melbourne & ORYGEN Youth Health
Graduate Diploma in Mental Health Sciences (Young People's Mental Health)

University of New South Wales
Master of Couple & Family Therapy

University of Sydney, Division of Professional Learning
Certificate in Mental Health Practice Standards

University of Wollongong
Graduate Certificate / Master in Health Management

A Survival Guide for Youth Workers
21 Oct, 05 Nov 2008, Sydney, Rural / Remote, Members: \$66.00, Full price: \$132.00, YAPA

An Introduction to Working With Individuals Who Self Abuse
10 Nov 2008, Sydney, Safe in Oz Pty Ltd

ASK Seminar- Acquire Sensible Knowledge. A Course for Everybody.
02 Sep 2008, Sydney, \$137.50 Albion Street Centre

CCWT Accidental Counsellor
11 Aug, 12 Nov 2008, Sydney, Full price: \$625.00, Other: \$510.00, CCWT

Demystifying Mental Illness
29 Jul 2008, Sydney, Rural / Remote, Members: \$135.00, Full price: \$155.00, CCWT

Introduction to Acceptance & Commitment Therapy (ACT)
21 Oct 2008, \$396.00, Hunter Institute of Mental Health

Introduction to Mental Health
Available Anytime, All areas, Early bird: \$500.00, Full price: \$600.00, NSW Institute of Psychiatry

Mental Health First Aid Training
Available Anytime, Available Free, Centre for Rural & Remote Mental Health

Orientation to the Alcohol & Other Drugs Field
03 Sep 2008, Sydney, Members: \$510.00, Full price: \$740.00, CCWT

Successful Job Application and Interview Skills
01 Aug, 13 Oct 2008, ACT & Sydney, \$300.00 Allwood & Associates

Working with People with a Mental Health Problem
12 Nov 2008, Sydney, Wollongong, Rural / Remote, Available Free, DoCS NGO Training Program

Advanced Cognitive Behaviour Therapy
22 Oct 2008, Sydney, Members: \$135.00, Full price: \$155.00, CCWT

Advanced Group Facilitation Skills
29 Aug, 30 Sept, Sydney & ACT, \$300.00 Allwood & Associates

Applied Suicide Intervention Skills Training (ASIST)
08 Sep 2008, Newcastle, Lifeline

Attachment Theory Workshop
20 Oct 2008, Sydney, Full price: \$600.00, Early bird: \$500.00, NSW Institute of Psychiatry

Applying The Strengths Approach
06 Nov 2008, Sydney \$264.00, UnitingCare Burnside

Basic Counselling
04 Nov 2008, Sydney, Learning Links

Beyond Basic Counselling – Tackling the Tricky Stuff
06 Aug 2008, All areas, Members: \$115.00 Full price: \$125.00 Other: \$65.00 Learning Links

Brief Solution-Focused Counselling
26 Aug, 31 Oct 2008, ACT & Sydney, \$300.00 Allwood & Associates

Cognitive Behavioural Therapy
11 Aug 2008, ACT, \$300.00. Allwood & Associates

Cognitive Behaviour Therapy for ADD Workers
26 Sep 2008, Sydney, Full price: \$155.00, Members: \$135.00, CCWT

Complex Trauma and Mental Health
25 Sep 2008, Sydney, Full price: \$310.00, Members: \$270.00, CCWT

Counselling 1 & 2
23 Oct, 11 Nov 2008, Sydney, \$1250.00 & \$1365, CCWT

Crossing the Line
Available Anytime, Newcastle, Available Free, Australian Institute of Relationship Studies

Dialectical Behaviour Therapy
24 Nov 2008, Sydney, Members: \$270.00, Full price: \$310.00, CCWT

Identifying & Responding to Risk of Harm - 1
28 Aug, 11 Sep, 23 Sep, 08 Oct, 11 Nov, 09 Dec 2008, Rural / Remote, Available Free, DoCS NGO Training Program

Identifying & Responding to Risk of Harm - 2
04 Sep, 24 Sep, 03 Nov, 03 Dec 2008, Wollongong, Sydney, Available Free, DoCS NGO Training Program

Introduction to Narrative Therapy
11 Sep 2008, Sydney, Full price: \$310.00, Members: \$270.00, CCWT

Julie Tallard Johnston's Eight Stage Healing Process
Available Anytime, Schizophrenia Fellowship of NSW

Managing Anger
20 Aug 2008, Sydney, Newcastle, Australian Institute of Relationship Studies

Managing Anger in the Family- 6 week program
Available Anytime, Sydney, Rural / Remote, Australian Institute of Relationship Studies