

**Outside In: Community Responses to Complex and Diverse Needs Conference
Program (subject to change)**

Day 1	Wednesday 6 May 2009 Registration opens at 8.00am				
Time	Presentation				
9.00 am	<p><i>(Main plenary room)</i></p> <p>Welcome to Conference: Jenna Bateman, CEO, MHCC and Larry Pierce, CEO, NADA Welcome to Country: Allen Madden followed by a performance by Descendance</p> <p>Official opening: The Hon. John Della Bosca, NSW Minister for Health, Minister for the Central Coast and Vice President of the Executive Council</p> <p>Keynote Presentations: John Mendoza, Chair, National Advisory Council on Mental Health Tania Major, Young Australian of the Year 2007</p>				
10.30 am	Morning Tea <i>(L'Aqua)</i>				
11.00 am	<p>Symposium: Pathways out of homelessness <i>(Darling 2)</i></p> <p>The high and complex needs of people experiencing or at risk of homelessness Lesley Butt Mission Australia</p> <p>Housing Sans Frontiers: There's no place like home Robert Bosi & Liz Giles City of Sydney</p> <p>Travelling on the road home – let's make sure that we don't lose our way Sue Cripps Homelessness NSW</p>	<p>Symposium: Talking youth <i>(Quay 1)</i></p> <p>Young People are the experts in their own lives Mardi Angelopoulos South Sydney Youth Services</p> <p>Young People Connected: A Corporate and Community partnership keeping young people connected Spencer Maddrell Vodafone Australia</p> <p>Principles for Development and Implementation of Youth Mental Health Services Katarzyna Bochynska, Children and Young People's Mental Health Program</p>	<p>Symposium: Exploring criminal justice issues <i>(Quay 2)</i></p> <p>Disabling criminology: conceptualising the complexity of disability in the criminal justice system Leanne Dowse, Social Work, University of NSW</p> <p>Culture Clash: Residential Rehabilitation and the Criminal Justice System Jodie Martin Community Restorative Centre</p> <p>Establishing a therapeutic community in Canberra's new prison Pete Townsend ADFAC</p>	<p>Symposium: Lifting the burden of smoking <i>(Cockle Bay 1 & 2)</i></p> <p>11.00: Introduction: Discussion of the breathe easy project and strategies employed to address smoking. Latest findings future steps briefly discussed - Carla Cowles, MHCC breathe easy project</p> <p>11.05: Responding to Smoking Issues in Non-Government Mental health Services Assisting Consumers to Choose Life not Cigarettes: Experience of running smoker support groups using the SANE Smoke Free Kit at two PRA sites Buckingham House and Flowerdale Cottage - Alyssa Milton, PRA</p> <p>11.20: Breathing Space Project: Background to the development and use of a smoking cessation program for women – Mijail Golovchenko, WESDARC</p> <p>11.35: A smoke free TC – OMG! - Kate Hewett & Susan Henville, Kamira</p> <p>11.50: The Smokers Cessation Support Program: A collaborative NGO response to complex and diverse needs: Findings from a project that addressed smoking by looking at policies and cultural changes and providing consumers with a</p>	<p>Symposium: Sexual orientation reflections <i>(The Gold room)</i></p> <p>Exploring ways to better meet the needs of lesbian, gay, bisexual and transgender clients Brian Francis ACON</p> <p>LGBT Alcohol & Other Drugs/Mental Health Projects in Queensland David Farrington and Shane Garvey Queensland Association of Healthy Communities</p> <p>Enhanced Primary Care: A unique way of</p>

				structured support program based on the SANE Smokefree Kit - Andrew Hamilton and Gabrielle Le Bon, New Horizons 12.05: Question & Answer session 12.25: Launch of Cancer Council Resource	working with complexity Niki Barr and Janine Farrell ACON
12.30 pm	Lunch (L'Aqua) <i>Resource Launch: Break On Through</i> is an educational and resource project to assist non government drug and alcohol services to better work with ex-prisoners and people involved in the criminal justice system. This resource kit consists of web and print based resources for AOD services (Room to be advised)				
1.30 pm	Symposium: Creativity in Recovery 1 <i>(Darling 2)</i> Utilising interactive theatre, art-based mediums, and gaming to explore issues and engage with young people Ian Heinenger and Robert Boardman Reconnect Mental Health (45 min) Art Resilience Tools Project: Responding to the mental health needs of school aged children Emma Watkins and Vicky Bowrah WAYS (45 min)	Symposium: Talking Change: Strengthening use of psychosocial therapies <i>(Quay 1)</i> Dialectical Behaviour Therapy Barbara Rich Jarrah House NSW Psychosocial Guidelines and their implications for therapeutic work Steve Childs NSCCAHS Mental Health Drug & Alcohol Service Speaker to be confirmed	Concurrent sessions: <i>(Quay 2)</i> Breaking New Ground: Clients as Guides in the Recovery Journey Deborah Boyle and Susan Hawkins New Horizons Breaking down stigma: The effects of consumers and carers in the delivery of mental health education Jane Randall, Claire Chang and Kieran Condell Schizophrenia Fellowship The Recovery framework in practice: theory and the experience of a PHaMS program participant Wies Schuiringa The Benevolent Society	Symposium: Researching community based approaches <i>(Cockle Bay 1 & 2)</i> 1.30 - 1.50: The Importance of Research for Practice – Professor Barbara Fawcett, Dr Sue Goodwin and Dr Ruth Phillips, University of Sydney 1.50 - 2.10: Does methamphetamine use have an impact on the mental health of a consumer and if so what are we going to do about it? - Kristina Devlin, MDECC 2.10 - 2.30: A comprehensive evaluation of the Kedesh Rehabilitation Services counsellor internship programme – Dan Billingham, Kedesh Rehabilitation Services 2.30 - 2.50: Exploring the needs of Aboriginal women with co-morbid drug and alcohol and mental health problems on the South Coast of NSW – Elizabeth Scally, University of Wollongong and Kaylie Harrison, South Coast Medical Service Aboriginal Corporation 2.50 - 3.10: Initial evaluation of an indigenous residential programme for people with co-occurring mental illness and AOD problems – Dr Martin Billingham, Oolong House	Concurrent sessions: <i>(The Gold Room)</i> Social Inclusion - where to start? Gillian Church Mental Health Association Media and mental health issues: Building the capacity of the mental health sector Marc Bryant Hunter Institute of Mental Health Speaker to be confirmed
3.00 pm	Afternoon Tea (L'Aqua)				
3.30 pm	Concurrent sessions: <i>(Darling 2)</i> An effective way to heal from childhood trauma, recognising that child abuse is a major causal factor for	Symposium: Social and emotional health and wellbeing: Aboriginal issues <i>(Quay 1)</i> A new delivery model for Aboriginal services - Walking	Concurrent sessions: <i>(Quay 2)</i> HASI Step up: Promoting Wellbeing Post Discharge Rima Alkadamani, Emmaline Golding and	Symposium: Researching community based approaches (continued) <i>(Cockle Bay 1 & 2)</i> 3.30 - 3.50: Developing pathways between boarding house managers and service agencies to engage and access tenants with multiple, complex health and welfare needs – Feona	Concurrent sessions: <i>(The Gold room)</i> NSW Integrated Services Project Vince Ponzio

	<p>mental health disorders and addictions Liz Mullinar and Helen Thompson Mayumurri</p> <p>Supporting adults with complex histories of sexual abuse Michael Salter Adults Surviving Child Abuse</p> <p>Conceptualising Complex Needs with a Trauma-Based Model Jackie Burke and Julie Dombrowski NSW Rape Crisis Centre</p>	<p>Together Craig Brown, Laurence O'Connor, Robyn Alpert, Gabrielle Policinski, Dr Grenville Rose Aftercare</p> <p>Aboriginal Mental Health support initiative, a collaborative partnership Jim Stewart & Libby Carney Greater West Area Health Service, Richmond Fellowship NSW</p> <p>Listening, sharing understanding and facilitating consumer, family and community empowerment through a priority driven partnership in Far North Queensland Melissa Haswell-Elkins and Lyndon Reilly University of Queensland</p>	<p>Tony Badry Aftercare</p> <p>From Hospital to Community: Evaluating the Outcomes of a Co-ordinated Step-Down Program Craig Parsons and Michelle Maitland Neami</p> <p>Workforce Development at Catholic Health Care Services Rosalind Moore Catholic Healthcare</p>	<p>Cowlin, BCS – Lifecare</p> <p>3.50 - 4.10: Pathways to treatment for cannabis comorbidity – Connie Donato-Hunt and Ian Flaherty, DAMEC</p> <p>4.10 - 4.30: Illness perceptions, attitudes and adherence. What are the links? – Dr Grenville Rose, Aftercare, Dr Ivan Beale, UNSW, John Malone, Aftercare and Stephen Kinkead, New Horizons</p> <p>4.30 - 4.50: Predictors of reduction in drug-intake and improvement in mental health – Dr Jagdish Dua, Ali Jinnat and Mickael Kirton, Ted Noffs Foundation</p> <p>4.50 - 5.00: Closing comments</p>	<p>Department of Ageing, Disability and Home Care</p> <p>Collaborative Working to Support those Experiencing Severe Domestic Squalor Susan Graham Catholic Healthcare</p> <p>Developing Behaviour Management Strategies for People Living with Alcohol Related Brain Injury (ARB) Dr Alice Rote-Bartelink Wintringham</p>
5.00 pm	Close				
5.00 pm–7.00 pm	Welcome Reception and Entertainment- L'Aqua Restaurant (next to Dockside)				

Day 2	Thursday 7 May 2009 Registration opens at 8.00am				
Time	Presentation				
9.00 am	<p>(Main plenary room)</p> <p>David McGrath Director, NSW Mental Health and Drug and Alcohol Office</p> <p>Professor Margaret Hamilton, Chair, Multiple and Complex Needs Panel, (Victoria), (University of Melbourne)</p> <p>Jeff Cheverton, Executive Director, Queensland Alliance</p> <p>Questions</p>				
10.30 am	Morning Tea (<i>L'Aqua</i>)				
11.00 am	<p>Concurrent sessions: (<i>Darling 2</i>)</p> <p>No wrong door: the mental health drug & alcohol change management project Natasha Cameron and Laurianne Froome Aftercare</p> <p>Keeping children & young people safe Sue Willmott and Tung Pham Education Centre Against Violence</p> <p>Providing an integrated approach for people with complex and diverse needs in a variety of human service settings Gerard Byrne & Major David Twivey Salvation Army</p>	<p>Symposium: Do you do data darling? A 'Great Debate': Peaks showcase data development and knowledge status in two NSW NGO sectors (<i>Quay 1</i>)</p> <p>Jo Khoo, Julie Millard, Jonine Penrose-Wall NADA, Consultants to MHCC</p> <p>An interactive session facilitated by Julie Millard, Consultant to MHCC's Mapping the Difference We Make Data Management Strategy, Jonine Penrose-Wall, Consultant to MHCC's Mapping the Difference We Make Routine Consumer Outcome Monitoring Workforce Support and Jo Khoo, Program Manager, NADA</p>	<p>Concurrent sessions: (<i>Quay 2</i>)</p> <p>Benchmarking in the non-government sector Dr Peter Kelly, Frank Deane, Trevor Crowe and Carla Morgan University of Wollongong</p> <p>Using Evidence to Create Sustainable Change within Health Services: What Matters? Brendan Pawsey St Vincent's Health, Melbourne</p> <p>Speaker to be confirmed</p>	<p>Symposium: Recovery oriented workforce development workshop (<i>Cockle Bay 1 & 2</i>)</p> <p>Jenna Bateman & Tina Smith MHCC</p> <p>Jenna and Tina will lead an interactive workshop based on the new MHCC resource "Mental Health Recovery Philosophy into Practice: a workforce development guide"</p>	<p>Concurrent sessions: (<i>The Gold room</i>)</p> <p>Networking: PHaMs Blacktown Taryn Jackson & Kerry Spindler Aftercare</p> <p>Building Collaboration into Development David Perez, The Link Youth Health Service and Simone Zell, Department of Health and Human Services, Population Health</p> <p>Making your funding go further using freebees and networks Rod West and Edi Condack MHCC</p>

12.30 pm	Lunch (<i>L'Aqua</i>) <i>Resource Launch: Mental Health Recovery Philosophy Into Practice - A workforce development guide</i> (Room to be announced)				
1.30 pm	Symposium: Iatrogenic Effects – what happens matters (<i>Main plenary room</i>) Speakers include: Janet Meagher AM - PRA Ralph Brew - Sexual Health Information Networking & Education SA (SHine SA) Deb Ballard - Consumer				
3.00 pm	Afternoon Tea (<i>L'Aqua</i>)				
3.30 pm	Concurrent sessions: (<i>Darling 2</i>) Therapeutic Interactions with Young People in Care - Developing a Practice Model Lyn Harrison Marist Youth Care Duty of Care & Risk Situations: Non-statutory outreach service provision: Working with people presenting complex needs in a risk-laden context Steve Retel Ruah Community Services Peer education based brief interventions increase safer injecting practices in street based sex workers Joanne Holden, Rachel Sandford Sex Workers Outreach Program	Symposium: Progress in the Improved Services Initiative (<i>Quay 1</i>) Improving the capacity of substance abuse programs to work with co-morbid mental health problems Peter Kelly, Frank Deane, Trevor Crowe and Harry Mathews University of Wollongong Open Family Hume Paula Barassi Open Family A framework for working together Jo Khoo, NADA, Gail Ward, VAADA and Angela Corry, WANADA (possibly other presenters TBC)	Concurrent sessions: (<i>Quay 2</i>) The Multiple and Complex Needs Initiative in Victoria: the challenge of systems change for improved outcomes for individuals Anne Leonard Department of Human Services, Vic Developing a Research and Evaluation Framework for a Practice based Psychosocial Rehabilitation Service Adam Zimmerman Neami The Back on Track Health (BOTH) Project Janet Meagher, PRA and Julie Millard, Consultant	Symposium: Leadership and Organisational development (<i>Cockle Bay 1 & 2</i>) Reflective Practice John Bamborough North Melbourne Institute of TAFE Developing leaders within a community based health service Lennart Reifels Neami Leadership in Action: Advanced Diploma in Community Services Management Simone Montgomery MHCC	Concurrent sessions: (<i>The Gold room</i>) Mental Health Skills Articulation between Vocational Education and Training (VET) and Higher Education Robin Flynn Community Services and Health Industry Skills Council CHC08 Community Services Training Package Anita Jacobsen Community Services and Health Industry Skills Council Solving our workforce shortage: A national plan Kate Lee Australian Services Union
5.00 pm	Close				

Day 3 Friday 8 May 2009 Registration opens at 8.00am					
Time	Presentation				
9.00 am	<p>Symposium: Creativity in Recovery 2 <i>(Darling 2)</i></p> <p>Moving from the Inside Out: Using dance/movement therapy in the treatment of addictions and other mental health conditions Eileen McDonald and Robyn Price, Inspired Characters (45 min)</p> <p>The Hearing Voices Choir: An exploration in music therapy and mental health recovery Gabrielle Le Bon, Felicity Clifton and Linda Cochrane New Horizons (45 min)</p>	<p>Symposium: Understanding cultural diversity <i>(Quay 1)</i></p> <p>Psychosocial Rehabilitation Services for Immigration Department Detainees Shane Jakupiec and Michelle Maitland Neami</p> <p>Understanding Mental Health from the Arabic community perspective Speaker to be confirmed Uniting Care Mental Health</p> <p>The Role of the Family and Culture in working with Youth of Greek Background Maria Petrohilos Greek Welfare Centre</p>	<p>Concurrent sessions: <i>(Quay 2)</i></p> <p>Can Do Initiative and Building on Can Do Karen Blake and Jane Westley Australian General Practice Network</p> <p>Families with Complex Needs: Developing an evidenced base model of care (60 mins) Assoc Prof Darryl Maybery, Leone Crayden, Melinda Goodyear and Ingrid Vet, Monash University, On Track</p>	<p>Symposium: Where's the commitment: Consumer participation and leadership in mental health and drug and alcohol services <i>(Cockle Bay 1 & 2)</i></p> <p>9:00 - 9:20 AM: "What is Consumer Participation" Chair/Leonie Manns</p> <p>9:20 - 10:00 (4 x 10min): Nicky Bath, General Manager - NSW Users & Aids Association - A Drug & Alcohol Consumer Perspective</p> <p>Allison Kokani, Chair - NSW Consumer Advisory Group (CAG) Mental Health Inc. - A Mental Health Consumer Perspective</p> <p>Larry Pierce, CEO NADA - A Drug & Alcohol Sector Perspective</p> <p>Jenna Bateman, CEO MHCC - A Mental Health Sector Perspective</p> <p>10:00 - 10:30: Discussion</p>	<p>Concurrent sessions: <i>(The Gold room)</i></p> <p>Quitting Cannabis?: A Brief Intervention for cannabis use disorder Etty Matalon National Cannabis Prevention and Information centre</p> <p>What works: Health promotion campaigns for people living with mental illness who use cannabis Meg Smith, Gillian Church and Sharyn McGee University of Western Sydney and Mental Health Association</p> <p>Promoting a healthy approach to complex clients and how exercise assists in a recovery process Chris McInnes and Mark Johnstone St Lukes Anglicare Albury</p>
10.30 am	Morning Tea <i>(L'Aqua)</i>				
11.00 am	<p>Concurrent sessions: <i>(Darling 2)</i></p> <p>Developing a better way of engaging rural people with complex health problems Dr Rod MacQueen Lyndon Community (60 min)</p> <p>Collaborative approach to comorbid drug and alcohol and mental health in drought-</p>	<p>Symposium: Key ethical issues <i>(Quay 1)</i></p> <p>The NSW Mental Health Act (2007) and Physical Treatments: Practical and Ethical Implications Assoc Prof Colleen Loo, University of NSW, St George Hospital, Black Dog Institute</p> <p>The moral basis of involuntary</p>	<p>Symposium: Families and carers upfront <i>(Quay 2)</i></p> <p>Maximising Opportunities: Collaboration with carers Laraine Toms and Eileen McDonald Carers NSW</p> <p>Family: Friend or Foe Robert Stirling</p>	<p>Symposium: Lived experience and peer support <i>(Cockle Bay 1 & 2)</i></p> <p>11:00 - 11:20: Robyn Priest/Chair - International Approaches/Issues in Consumer Worker Roles and Workforce Development</p> <p>11:30 - 11:40: Successes and Challenges in Hepatitis C Peer Support - Emma Ward & Volunteer Peer Support Program Participant, Hepatitis C Council of NSW</p>	<p>Concurrent sessions: <i>(The Gold room)</i></p> <p>Problem Gambling Clive Allcock Responsible Gambling Fund</p> <p>Running Head: Strange Bedfellows: Integrated Clinical and Non Clinical Programs at a Residential Treatment Program Jody Chandler & Nichole</p>

	<p>affected communities in NSW Centre for Rural and Remote Mental Health Associate Professor Murugesan</p>	<p>psychiatric treatment Dr Michael Robertson, University of Sydney</p> <p>The mentally disordered provisions of the NSW Mental Health Act, irrationality and an approach to compulsory care Dr Martyn Patfield Mental Health Emergency Care Rural Access Project (MHEC- RAP)</p> <p>Donna Bull Workplace Alcohol and Other Drugs Consultant</p>	<p>NADA</p> <p>Rethinking models of respite and service delivery in response to the diverse and complex needs of mental health carers Anna Yip and Eve Ismaiel MHCC</p>	<p>11:40AM - 11:50: Badges of honour or internal wisdom? Deborah Boyle & Caroline Meares, New Horizons Personal Helpers and Mentors Service (PHAMS)</p> <p>11.50 – 12:00: Community Peer Worker Program – Sandra Miller, Life Without Barriers</p> <p>12:00 – 12:10: Intentional Peer Support - Desley Casey, Consumer Activity Network (CAN)</p> <p>12.10 - 12:30: Discussion of the following questions which will also be addressed by each of the speakers. 1. What does your organisation/program do with Peer Worker positions/? 2. What are the problems, if any, with Peer Worker roles and how are these addressed? 3. What suggestions might you have to enhance approaches regarding Peer Worker roles?</p>	<p>Sullivan Mission Australia Triple Care Farm</p> <p>Psychological Treatment and Vocational Education Assistance for Adolescents Jagdish Dua, Michael Kirton, Mark Ferry Ted Noffs Foundation</p>
12.30 pm	<p>Lunch (<i>L'Aqua</i>) <i>Resource Launch: Tools for change: A new way of working with families and carers</i> (Room to be confirmed) (Main plenary room)</p>				
1.30 pm	<p>Closing Plenary including a summary of key issues from conference presentations</p>				
3.00 pm	<p>Afternoon Tea (<i>L'Aqua</i>)</p>				